



Stone House

EXPLORE. INSPIRE. CONNECT

A POLICY ON A HURT-FREE ENVIROMENT

To this end, we aim to establish a community in which everybody feels valued and safe where individual differences are appreciated, understood and accepted. Every child has a right to enjoy his time at school.

The community does not tolerate bullying or harassment. Respect for others is expected. Stone House aims to:

Promote an atmosphere and ethos at the school of warm loving and caring concern.

Promote in each child respect and empathy for others and the environment.

STONE HOUSE OPPOSES BULLING

The School

Expects a high standard of behaviour at all times

Aims to provide a safe and caring environment for everyone

Has a policy for detecting, preventing and dealing with bullying

Is educating children about issues related to bullying behaviour

Offers support to all students through the class teacher

MAKE OUR SCHOOL A HAPPY AND SAFE PLACE FOR ALL ACT TO STOP BULLYING

AT STONE HOUSE SCHOOL EVERYONE HAS RIGHTS AND RESPOSIBILITIES

RIGHTS	RESPONSIBILITIES
To be different	To show compassion and understanding
To be safe	To respect yourself
To learn and grow	To respect others
To be respected	To use common sense

WHAT IS BULLYING?

Bullying is any repeated behaviour intended to hurt, injure, threaten or frighten another person in such a way that the person feels that he cannot do anything about it. Bullying is a repeated abuse of power.

WHAT IS CONFLICT?

In conflict the partners are frustrated and unable to communicate.

DO YOU BULLY? HAVE YOU BEEN BULLIED?

Bullying comes in many forms, including:

- Calling hurtful names
- Being picked on
- Deliberately punching, hitting, bumping
- Teasing
- Spreading rumours about someone
- Mocking
- Repeatedly “putting down” someone
- Threatening
- Deliberately ignoring and avoiding
- Taking or damaging property

WHAT TO DO IF YOU ARE BULLIED?

1. Tell the bully to stop. State quite clearly that the behaviour is unwelcome and you do not like it.
 2. Walk away and stay away from the bully
 3. Seek help. Talk to someone you trust. Report it to a member of staff.
- The school does not tolerate bullying. Feel confident that any incident can be resolved .

**THERE IS NOTHING SO
AWFUL THAT WE CAN'T
TALK ABOUT IT WITH
SOMEONE!**

WHAT TO DO IF YOU KNOW SOMEONE IS BEING BULLIED?

1. Care enough to do something about it whether it affects you personally or not.
2. Early intervention can defuse a situation before it gets out of hand.
3. Report to a member of staff, your parents or a Grade 6 child.

HOW STAFF DEAL WITH BULLYING- THE “NO BLAME” APPROACH

The school will use this approach with severe cases of bullying(not conflict)

1. Talk to the victim and suggest strategies
2. Arrange a meeting for all involved
3. Explore the problem without allocating blame
4. Share responsibility
5. Identify solutions
6. Let the children take action themselves
7. Follow up

It should be noted that if the bully continues with this type of bully behaviour, there will be an immediate 2 day suspension and more stringent measures will be imposed and counselling will be suggested. If the behaviour is ONLY on public transport and NOT at school, the Head must be notified and will pass the message onto those responsible for that transport.

TO PREVENT BULLYING

Every child needs to:

1. Respect themselves and others
2. Work to create a pleasant school environment for all
3. Learn to tolerate individual differences
4. Support the School Policy on bullying

The school will do the following:

1. CARE CIRCLE every morning—an opportunity to discuss and talk about their feelings in a safe environment. Should there be something disturbing or consistent the class teacher will contact the parent.
2. Grade 6 children will be “Peace Makers” on the playground—younger children will be encouraged to go to one of them to discuss the situation to establish whether it is conflict or bullying.
3. Life Skills lessons- during these lessons we explore feelings and how to deal with them and we look at how to combat bullying and conflict in the school setting
4. Becoming X assemblies and videos will be used on a weekly basis to open up free discussion.
5. A locked box will be placed in the kitchen of the top Gr 1 and 2 class. Only the Head will have a key, this will be checked regularly and in here children may post private and confidential

letters to any member of staff , be it about bullying, their mental health, issues at home or any other concerns.

WHAT PARENTS SHOULD TRY DO?

- Listen to your child
- Suggest certain strategies
- Inform the school
- Let the school investigate and report back
- Allow the school to sort it out
- Support your child

ADDITIONAL THINGS FAMILIES CAN DO TO PREVENT BULLYING

- Take an interest in your child's social life
- Encourage your child to bring friends home
- Build your child's self esteem
- Discuss ways to respond if rights are infringed
- Act by informing the class teacher
- Keep confidentiality
- Set an example

HELPING YOUR CHILDREN TO REGULATE THEIR EMOTIONS

- Teach your child to identify what he/she is feeling
- Show him/her how to contain the feeling
- Give socially acceptable ways to deal with emotion

Thank you